

Preparation for Total Consecration to the Blessed Virgin Mary



According to
St. Louis Marie de Montfort

All for the Heart of Jesus through the Heart of Mary!

Prayers for each Day

Come Holy Spirit

Come Holy Spirit, fill my heart and kindle in me the fire of your love. Send forth your Spirit and my heart shall be made new. Make me holy, wise, and always faithful to your will. Amen.



Memorare



Remember, O Virgin Mary that never has it been heard that those who look for your protection, ask for your help, or implore your intercession were left without aide. Inspired with this confidence, I pray to you, o Virgin of virgins, my Mother. To you I come; before you I place my heart with all that I am. O Mother of Jesus, look down to my petitions, in your mercy, hear and answer me. Amen.

***Remember to put a check on the heart each day!**

Part 1

Theme: How close you are to God?

Think about how clean is your heart, how pure.
Purity is very important to see God in heaven, to see Him on earth and to know Him by the light of faith.



Virtue to practice from day 1 to day 12:

Purity of Heart

Day 1



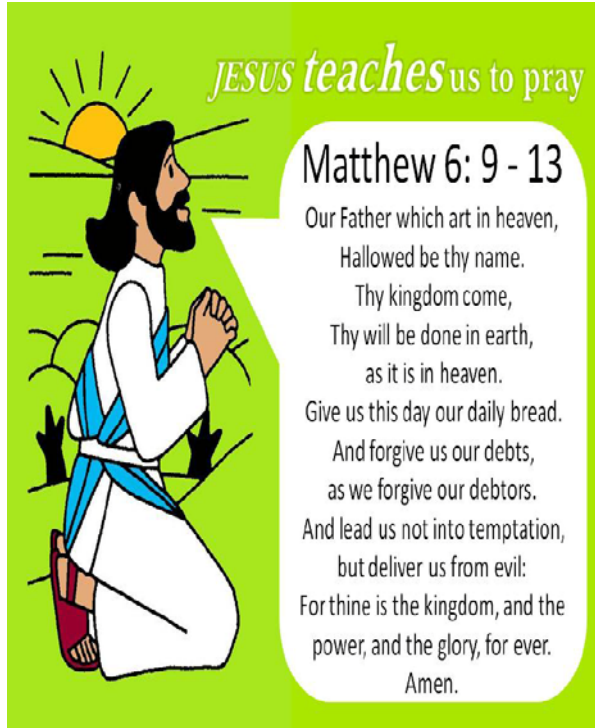
Gospel of St. Matthew: Chapter 5: 3-10

THE EIGHT BEATITUDES OF JESUS

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.
Blessed are they who mourn,
for they shall be comforted.
Blessed are the meek,
for they shall inherit the earth.
Blessed are they who hunger and thirst for righteousness,
for they shall be satisfied.
Blessed are the merciful,
for they shall obtain mercy.
Blessed are the pure of heart,
for they shall see God.
Blessed are the peacemakers,
for they shall be called children of God.
Blessed are they who are persecuted for the sake of
righteousness,
for theirs is the kingdom of heaven.

When you finish, pray the Hail Mary

Day 2



When you finish, pray the Hail Mary

Day 3



Gospel of St. Matthew: Chapter 7: 1-14

EFFECTIVE PRAYER

Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him.

THE GOLDEN RULE

“So always treats others as you would like them to treat you; that is the meaning of the Law and the Prophets.

When you finish, pray the Hail Mary

Day 4



From the book *Imitation of Christ*:

GOD, HELP US TO DO GOOD THINGS. WITH OUR OWN STRENGTH IT IS DIFFICULT.

Lord is so difficult for me to do everything in the perfection of love, unless you help me and give me the strength to do so. You are always there when I call for help. Lord you give me courage to choose at all times everything that is good, just, truthful and beautiful.



My heart finds its rest in You, because I know that you are there for me to guide me and to teach me the right path that leads me to heaven.

When you finish, pray the Hail Mary

Day 5



From the book *Imitation of Christ*:

IN GOD WE FIND OUR JOY

To think only about myself is a sickness that takes over my heart, it takes me away from God. If all the time I look only for the things that I like, it holds me back to practice virtue and to reach perfection.

To be totally happy, I have to give myself to God. When I put Him above all things, when He is the first thing in my life, I experience the fullness of love.

When you finish, pray the Hail Mary

Day 6



From the book *Imitation of Christ*:

WE NEED TO FOLLOW THE EXAMPLE OF
THE SAINTS

The saints and the friends of Jesus were faithful to Him in good times and in bad times, when they were happy and when they were sad, when people like them and when people were mean to them.

The Apostles, the Martyrs, the Virgins and all those that follow Christ went through hard times. They offered their life for Christ, they gave up everything for Him and Jesus gave them back graces and virtues that help them to achieve eternal life.

When you finish, pray the Hail Mary

Day 7



From the book *Imitation of Christ*:

GOD REWARDS HIS FOLLOWERS

Even though the Saints went through hard moments in their life, God reward them with his grace and Divine consolations.

They persevered in true humility, they live in simple obedience, they walk in charity and patience, and so every day they move on in the life of the Spirit and gained great gifts from God.

In the way that Saints lived, we have a path to follow and bear witness with our life, as the Saints did, of the power of God.



When you finish, pray the Hail Mary

Day 8



From the book *Imitation of Christ*:

KEEP TEMPTATIONS AWAY FROM YOUR LIFE

Temptations are invitations to go away from God, these invitations come from the three enemies of our soul:

- 1) The world= things that make us place our attention away from heaven and God.
- 2) The flesh = our own inclinations that are not in the order of God.
- 3) The devil = evil spirits that push us to not trust in God.



As long as we live in this world, we cannot be without temptations. By trusting in God's grace and practicing the virtues of patience and true humility, we become stronger than all the enemies of our souls.

When you finish, pray the Hail Mary

Day 9



From the book *Imitation of Christ*:

HUMILITY IS NECESSARY TO PUT AWAY TEMPTATIONS

We often do not know what we are able to do, but temptations discover what we are. We must watch, especially in the beginning of temptation; for then the enemy is more easily overcome.

We must not, despair when we are tempted, what we have to do is to pray fervently asking God to help us in every tribulation.

You must not give up when you have temptation, but rather be strong in prayer, asks God to help you all the days of your life. Humble your soul under the hand of God in every temptation, for the humble in spirit are saved and exalt by God.

When you finish, pray the Hail Mary

Day 10



From the book *Imitation of Christ*:

SERVING GOD IS A JOY FOR THE HEART



Oh Lord you are the Fountain of everlasting love, what shall I say of You? How can I forget what you have done for me? Beyond all hope you show mercy to your servant.

What return shall I make to you? To give up everything that do not give you glory. It is a great honor to serve you. Those who serve you get great grace. They experience the gift to have the Holy Spirit in their hearts.

When you finish, pray the Hail Mary

Day 11



From the book *Imitation of Christ*:

CHANGES IN LIFE

"Hope in the Lord," said the Prophet, "And do all good, and live in the land, and you shall be fed with it riches."

We earn many graces, when we overcome ourselves and give up things that take us away from God. And when we are diligent and zealous persons we will make greater progress.

When you finish, pray the Hail Mary

Day 12



From the book *Imitation of Christ*:

THE POWER OF JESUS CRUCIFIED

Jesus gave his life for you in the cross there He show you how much He love you. To answer back to His love is necessary to grow in virtue and to be able to give your life for Him as he did for you.

When you finish, pray the Hail Mary

Part II

Theme: Who are you without God?

Prayer, reflection, giving up what you like, sorrow for your sins, all done at the feet of Mary; for it is from her that you receive light to know yourself. It is near Mary that you shall be able to see how much sin you have in your heart.



Virtue to practice from day 13 to day 19:

Humility

Day 13



Gospel of St. Luke: Chapter 11: 1-11

THE LORD'S PRAYER

One of his disciples said to (Jesus): Lord, teach us to pray, as John also taught his disciples. And he said to them: When you pray, say: Father, hallowed be thy name. Thy kingdom come. Give us this day our daily bread. And forgive us our sins, for we also forgive every one that is indebted to us. And lead us not into temptation.

And I say to you, Ask, and it shall be given you: seek, and you shall find: knock and it shall be opened to you. For every one that asked, received; and he that seek, find; and to him that knocked, it shall be opened.

When you finish, pray the Hail Mary

Day 14



From the book *Imitation of Christ*:

OBEDIENCE OF A HUMBLE HEART



Jesus said: I became of all men the most humble (Luke 2:7; John 13:14), so you may overcome your pride with My humility. O dear children! Learn to be obedient. Learn to humble yourself, and bow yourself down under the feet of all men. Learn to break your own wishes, and to yield your desire.

When you finish, pray the Hail Mary

Day 15



From the book *True Devotion to the Blessed Virgin Mary*:

WE NEED MARY IN ORDER TO GIVE ALL THAT WE HAVE

In order to empty ourselves of self, we must give up our life. Unless the grain of wheat falls to the ground and dies, it remains only a single grain and does not bear any good fruit. If we do not die to self and if our devotions do not lead us to this necessary and fruitful death, we shall not bear fruit of any worth and our devotions will cease to be profitable. All our good works will be tainted by self-love and self-will so that our greatest sacrifices and our best actions will be unacceptable to God.

When you finish, pray the Hail Mary

Day 16



From the book *True Devotion to the Blessed Virgin Mary*:

HELPFUL EXERCISES NEEDED

Ask our Lord and the Holy Spirit to enlighten you, saying, "Lord, that I may see," or "Lord, let me know myself," or "Come, Holy Spirit". Every day pray to the Holy Spirit. Turn to our Blessed Lady and beg her to obtain for you the grace which is the foundation of all others, the grace of self-knowledge.



When you finish, pray the Hail Mary

Day 17



Gospel of St. Luke: Chapter 16: 1-8

THE SNEAKY STEWARD

Then he also said to his disciples, "A rich man had a steward who was reported to him for squandering his property. He summoned him and said, 'Prepare a full account of your stewardship, because you can no longer be my steward. The steward said to himself, 'What shall I do, now that my master is taking the position of steward away from me? I am not strong enough to dig and I am ashamed to beg. I know what I shall do so that, when I am removed from the stewardship, they may welcome me into their homes. He called in his master's debtors one by one. To the first he said, 'How much do you owe my master?' He replied, 'One hundred kors of wheat.' He said to him, 'Here is your promissory note; write one for eighty.'

...And the master commended that dishonest steward for acting prudently. "For the children of this world are more prudent in dealing with their own generation than are the children of light.

When you finish, pray the Hail Mary

Day 18



Gospel of St. Luke: Chapter 17: 1-10

THE POWER OF FAITH

The apostles said to the Lord, "Increase our faith." The Lord replied, "If you have faith the size of a mustard seed, you would say to (this) mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you.

HUMBLE SERVICE

Who among you would say to your servant who has just come in from plowing or tending sheep in the field, 'Come here immediately and take your place at table'?

Would he not rather say to him, 'Prepare something for me to eat. Put on your apron and wait on me while I eat and drink. You may eat and drink when I am finished'? Is he grateful to that servant because he did what was commanded? So should it be with you. When you have done all you have been commanded, say, 'We are unprofitable servants; we have done what we were obliged to do.'

When you finish, pray the Hail Mary

Day 19



Gospel of St. Luke: Chapter 18: 15-30
JESUS AND THE CHILDREN



People were bringing even infants to him that he might touch them, and when the disciples saw this, they rebuked them. Jesus, however, called the children to himself and said, "Let the children come to me and do not prevent them; for the kingdom of God belongs to such as these. Amen, I say to you, whoever does not accept the kingdom of God like a child will not enter it."

When you finish, pray the Hail Mary

Part III

Theme: Knowledge Of The Blessed Virgin

Acts of love, pious affection for the Blessed Virgin, imitation of her virtues, as St. Louis de Montfort says, the ten principal virtues of the Blessed Virgin: her profound humility, her lively faith, her blind obedience, her continual mental prayer, her mortification in all things, her surpassing purity, her ardent charity, her heroic patience, her angelic sweetness, and her divine wisdom.



Virtue to practice from day 20 to day 26:

Obedience

Day 20



Gospel of St. Luke: Chapter 2: 16-21

BIRTH OF JESUS

So they went in haste and found Mary and Joseph, and the infant lying in the manger. When they saw this, they made known the message that had been told them about this child. All who heard it were amazed by what had been told them by the shepherds. And Mary kept all these things, reflecting on them in her heart. Then the shepherds returned, glorifying and praising God for all they had heard and seen, just as it had been told to them.



When you finish, pray the Hail Mary

Day 21



From the book *The Secret of Mary*:

TRUE DEVOTION TO MARY

If we would go up to God, and be united with Him, we must use the same means He used to come down to us: Mary. There are different devotions to Her:

The first consists in fulfilling our Christian duties, avoiding mortal sin, acting more out of love than with fear, honoring her as the Mother of God.

The second consists in having for our Lady more perfect feelings of esteem and love, of confidence and veneration. This devotion is good and holy if we keep ourselves free from sin.

The third consists in giving one's self entirely and as a slave to Mary, and to Jesus through Mary, and after that, to do all that we do, through Mary, with Mary in Mary and for Mary.

When you finish, pray the Hail Mary

Day 22



From the book *True Devotion*:

THE CHARACTERISTIC OF TRUE DEVOTION

1. Interior: that is, it comes from the mind and the heart and flow from the love we have for her.
2. Trustful: that is, full of confidence like a child's confidence, the confidence that a child has for its loving Mother, with this kind of confidence it make us to go to her in every need.
3. Holy: that is, it leads the soul to avoid sin and imitate the virtues of the Blessed Virgin Mary.



4. Constant: that is, it confirms the soul to do good. It gives us the courage to oppose the world, the inclinations of the flesh and the temptations of the devil.
5. Disinterested: that is, it inspires us to seek God alone in his Blessed Mother and not ourselves.

When you finish, pray the Hail Mary

Day 23



From the book *True Devotion*:

PERFECT DEVOTION TO THE BLESSED VIRGIN,
PERFECT CONSECRATION TO JESUS CHRIST

Of all God's creatures Mary is the only one that is more like to Jesus. The more you consecrated to Mary, the more you consecrated to Jesus. That is why perfect consecration to Jesus is perfect and complete consecration of oneself to the Blessed Virgin, in other words, it is the perfect renewal of your baptismal promises.

This devotion consists in giving oneself entirely to Mary in order to belong entirely to Jesus through her. It requires us to give:

- 1) Our body with its senses and members;
- 2) Our soul with its faculties;
- 3) Our present material possessions and all we shall acquire in the future;
- 4) Our interior and spiritual possessions that is, our merits, virtues and good actions of the past, the present and the future.

When you finish, pray the Hail Mary

Day 24



From the book *True Devotion*:

CONSECRATION TO MARY

This devotion is a smooth, short, perfect and sure way of attaining union with Jesus Christ:

- a) This devotion is a smooth way. It is the path which Jesus Christ opened up in coming to us and in which there is no obstruction to prevent us reaching Him.
- b) This devotion is a short way to discover Jesus, either because it is a road we do not wander from, or because we walk along this road with greater ease and joy. We advance more in a brief period of submission to Mary than in whole years of self-reliance.
- c) This devotion is a perfect way to reach our Lord and be united to him, for Mary is the most perfect and the most holy of all creatures, and Jesus, who came to us in a perfect manner, chose no other road for his great and wonderful journey.



When you finish, pray the Hail Mary

Day 25



From the book *True Devotion*:

WONDERFUL EFFECTS OF THIS DEVOTION

1. Knowledge of our unworthiness: By the light which the Holy Spirit will give you through Mary, you will perceive the evil inclinations and how difficult is to do good in all things. Finally, the humble Virgin Mary will share her humility with you so that you will not look down slightly upon anyone.
2. A share in Mary's faith: Mary will share her faith with you. Her faith on earth was stronger than that of all the patriarchs, prophets, apostles and saints.
3. The gift of pure love: The Mother of fair love, will take away from your heart all disorder of fear.
4. Great confidence in God and in Mary: Our Blessed Lady will fill you with great confidence in God and in herself because you will not be approach Jesus by yourself but always through Mary, your loving Mother.

5. Communication of the spirit of Mary: The soul of Mary will communicate itself to you, to glorify the Lord. Her spirit will take the place of yours to rejoice in God.

6. Transformation into the likeness of Jesus: If Mary, the Tree of Life, is well cultivated in our soul by fidelity to this devotion; she will bring forth her fruit which is Jesus.

7. The greater glory of Christ: If you live this devotion sincerely, you will give more glory to Jesus and get closer to Him faster.



When you finish, pray the Hail Mary

Day 26



From the book *True Devotion*:

MARY QUEEN OF ALL HEARTS

Mary is the Queen of heaven and earth by grace as Jesus is king by nature and by conquest. But as the kingdom of Jesus Christ exists primarily in the heart or interior of man, according to the words of the Gospel, "The kingdom of God is within you", so the kingdom of the Blessed Virgin is principally in the interior of man, that is, in his soul. It is principally in souls that she is glorified with her Son more than in any visible creature. So we may call her, as the saints do, Queen of our hearts.

When you finish, pray the Hail Mary

Part IV

Theme: Knowledge of Jesus Christ

Day 27



During this period we shall apply ourselves to the study of Jesus Christ.

First: The God-Man, His grace and glory.

Second: His exterior actions and also His interior life; namely, the virtues and acts of His Sacred Heart.



Virtue to practice from day 27 to day 33:

Sacrificial Love

From the book *True Devotion*:

CHRIST OUR LAST END

Jesus, our Savior, true God and true man must be the ultimate end of all our other devotions; otherwise they would be false and misleading. He is the Alpha and the Omega, the beginning and end of everything.

If then we are establishing sound devotion to our Blessed Lady, it is only in order to establish devotion to our Lord more perfectly, by providing a smooth but certain way of reaching Jesus Christ.

When you finish, pray the Hail Mary

Day 28



Gospel of St. Matthew: Chapter 26: 26-28



THE INSTITUTION OF THE EUCHARIST

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples and said: “Take and eat, this is my body”. Then he took a cup, gave thanks, and gave it to them, saying: “Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins”.

When you finish, pray the Hail Mary

Day 29



From the book *Imitation of Christ*:

THE IMITATION OF CHRIST

He that follow me, walk not in darkness (John 8:12), said the Lord. These are the words of Christ, by which we are admonished, we are call to imitate His life and manners, if we would truly be enlightened, and delivered from all blindness of heart. Let therefore put all our strength and love to follow and meditate upon the life of Jesus.

When you finish, pray the Hail Mary



Gospel of St. Matthew: Chapter 27: 36-44

THE CRUCIFIXION

After they had crucified him, they divided his garments by casting lots; then they sat down and kept watch over him there. And they placed over his head the written charge against him: This is Jesus, the King of the Jews. Two revolutionaries were crucified with him, one on his right and the other on his left.



THE CRUCIFIED CHRIST IS MOCKED

Those passing by reviled him, shaking their heads and saying, "You who would destroy the temple and rebuild it in three days, save yourself, if you are the Son of God, (and) come down from the cross!" Likewise the chief priests with the scribes and elders mocked him and said, "He saved others; he cannot save himself. So he is the king of Israel! Let him come down from the cross now, and we will believe in him.

When you finish, pray the Hail Mary



From the book *True Devotion*:

THE ROAD OF THE CROSS

Loving slaves of Jesus, in Mary should hold in high esteem devotion to Jesus, the Word of God, in the great mystery of the Incarnation, which is the mystery proper to this devotion, because it was inspired by the Holy Spirit for the following reasons:

- a) That we might honor and imitate the wondrous dependence which God the Son chose to have on Mary.
- b) That we might thank God for the incomparable graces he has conferred upon Mary and especially that of choosing her to be his most worthy Mother.

These are the two principal ends of the slavery of Jesus

When you finish, pray the Hail Mary

Day 32



From the book *True Devotion*:

THROUGH MARY

We must do everything through Mary, that is, we must obey her always and be led in all things by her spirit, which is the Holy Spirit of God. Those who are led by the spirit of Mary are children of Mary, and, consequently children of God.

WITH MARY

We must do everything with Mary.

In every action then we should consider how Mary performed it or how she would perform it if she were in our place. For this reason, we must examine and meditate on the great virtues she practiced during her life, especially: 1) Her lively faith, by which she believed the angel's word without the least hesitation, and believed faithfully and constantly even to the foot of the Cross on Calvary. 2) Her deep humility, which made her prefer seclusion, maintain silence, submit to every eventuality and put herself in the last place.

When you finish, pray the Hail Mary



Day 33



From the book *True Devotion*:

IN MARY

We must do everything in Mary. To understand this we must realize that the Blessed Virgin is the true earthly paradise of the new Adam and that the ancient paradise was only a symbol of her. It is in this paradise that he "took his delights" for nine months, worked his wonders and displayed his riches with the magnificence of God himself. In this divine place there are trees planted by the hand of God and watered by his divine unction which have borne and continue to bear fruit that is pleasing to him.

FOR MARY

Finally, we must do everything for Mary. We must defend her privileges when they are questioned and uphold her good name when it is under attack. We must attract everyone, if possible, to her service and to this true and sound devotion. As a reward for these little services, we should expect nothing in return save the honor of belonging to such a lovable Queen and the joy of being united through her to Jesus, her Son, by a bond that is indissoluble in time and in eternity

When you finish, pray the Hail Mary

Made especially for:



©SCTJM