

WITH MARY, LET US BUILD A EUCHARISTIC CULTURE

Dear Family:

Today the whole Church celebrates the Solemnity of Corpus Christi and, since it is the Centenary of the shepherd children of Fatima, I wanted to write the letter that proclaims the theme and logo of our year in the Family of the Pierced Hearts of Jesus and Mary today: **WITH MARY, LET US BUILD A EUCHARISTIC CULTURE!** I have waited for this day in which we remember with immense gratitude that the Heart of Jesus at the Last Supper, on the eve of His Passion, of darkness and great battle, gave us great and unmerited gifts of His Love, because as St. John says in chapter 13 of his Gospel: *“his hour had come to pass from this world to the Father. He loved his own in the world and he loved them to the end.”* Yes, Jesus gave us, in the dark night of incomprehension, indifference, betrayal, of no one listening, of the deafness of stubbornness and the blindness of not contemplating all that had been seen and heard, the Gift of all gifts, the Love of loves, His own Being, *instituting the Sacrament of Love: the Eucharist. This Sacrament that is His real and total Presence, is His Body and His Blood, His soul, divinity, His Heart, His will, the totality of His Divine and Human natures, hidden in the humility of the appearance of the species of bread and wine.* Yes, Jesus, by His own free will, did not want to leave us alone on this pilgrimage along the paths of earthly life, but rather, He instituted the Sacrament in which His Real Presence would be with us until the end of times. What a powerful moment it had to be for the Apostles to hear, that after he had sent them to the whole world to evangelize, Jesus assured them that they would not be alone and he wanted them to be convinced that His presence would not only be spiritual, but Sacramental, Real, Total, Full, and he told them: *“behold, I am with you always, until the end of the age.”* (Matthew 28:16)



How much love flowed from the Sacred Heart that Holy Thursday! If on the Cross, after having died, He was pierced by a lance and out flowed Blood and Water to give us two great Sacraments, I am convinced that at the Last Supper, in a mystical way, His Heart was already being pierced with great interior sufferings that opened an interior wound from which flowed the gifts of: *the teaching of unconditional service as a model of true discipleship, the immense gift of the Sacrament of the Priesthood in which Christ himself becomes present in the men chosen by Him to continue realizing through them His salvific work and His redemptive mission through history. From their hands, in full communion with the Mystical Body which is the Church, and by the power of the Holy Spirit, they make possible the Miracle of miracles: that bread becomes His Body and wine becomes His Blood. And in this way He fulfilled and will fulfill His promise to be with us until the end of times.*

On this Solemnity, Jesus has so much to tell us. First, for us to trust fully in His promises, for they have all been fulfilled and will be fulfilled. Second, that His love is stronger than death (cf. Song of Songs 8), and that not even death could steal from Him the power to give life and give life in abundance, that when everything seemed to be over, He not only resurrected, but after ascending into Heaven, He left us His Body and Blood as everlasting food, as life of the world, light of the nations, as a living model of the true meaning of love. Third, that Jesus in the Eucharist remains with us to strengthen us in our weakness, to sanctify and elevate our tendency to sin, to communicate to us wisdom in the great dilemmas of life, to be close, to touch us and heal our hearts, souls, and bodies; to keep sitting with us and teaching us the beauty, goodness, and truth of the Gospel message. **He stays**



with us in the Eucharist to reveal to us with great luminosity what Love is and to teach us to love as He loves.

He is with us, He is at the center of ecclesial life, at the center of our parishes, our chapels, our movements, **because the Church lives from the Eucharist and everything in the Church lives from the Eucharist.** *“The Eucharist, as Christ's saving presence in the community of the faithful and its spiritual food, is the most precious possession which the Church can have in her journey through history.”* (EE 9) He, Jesus in the Eucharist, is the Heart of the life of the Church, and today it beats strongly giving His transforming

love in every beat to change the human heart and to change modern civilization. **Our culture, our civilization has forgotten love!** By distancing itself from God, it distances itself from love, because God is love. And by growing distant from God and from the beauty of His love, sooner or later, it begins to separate brothers, its love begins to grow cold, it begins to live for itself, in a closed system of self-referentiality, which isolates him from goodness, solidarity, and the essential call to love and be loved. The human person who begins to stop loving and live more for himself becoming selfish, in reality is renouncing the greatness of his humanity. Since, as St. John Paul II taught us in his prophetic book "Love and Responsibility," *that the human person must reconcile with his own greatness.* *What is this greatness that we have forgotten and have even renounced? It is the greatness of our capacity to truly love, with a sincere, oblation love, offered and given for others, a love so strong that its fruit is a great fecundity. A love that can do all things, hopes all things, gives all...A love that is essentially Eucharistic. The Eucharist is Christ loving us in this way!* For this reason the saints sat in the Eucharistic School of love, to learn to truly love. St. Maximilian Kolbe did not come to give his life in a concentration camp by a good or emotional impulse, but by a life of daily allowing himself to be formed into another Christ by the Immaculata, and constantly sitting during the day before Christ in the Eucharist to enfold in his own being the truth of Christian love, which he contemplated so alive in the Eucharist. *We cannot choose love unless we know it, we experience it, we contemplate it and we make it life...* We cannot choose the good, the ways of the Beatitudes in times of darkness and the cross, unless we have spent a long time with Jesus in the Eucharist.

St. Maximilian, like St. Francisco Marto, Servant of God Carlo Acutis and so many saints, like St. John Paul II, were souls formed by Our Lady to be totally Eucharistic. *Yes, it is Our Mother who takes us to Jesus, to Jesus who was born from her virginal womb, whom she held in her arms, whom she fed, taught, protected, whom she followed faithfully even to the Cross, and who is the same one who today is with us in the Eucharist. How can she not be the surest path to be great Eucharistic souls? She knows that only the Eucharist can transform the human heart, and she also knows that only Eucharistic hearts can transform culture into a space, a place of values, principles and ways of being, that cultivate the potency of love in the human person, which is his true greatness.* If the Eucharist is at the center of our lives, of our families, our communities, parishes, of the Church, and we recognize that it is an immense gift to have Jesus among us, how will we not change? How will we not make the effects of His Eucharistic presence to which we have been exposed become rays of light that reach the world through us? Contemplating so much love, how can it not burst into our interior and challenge us to love? How can His free choice to remain present with us continuing to do good not make us question our lack of presence before the Tabernacle or before Jesus exposed for Eucharistic Adoration?



A Eucharistic culture is the fruit of Eucharistic Adoration. St. John Paul II told us in his last Encyclical on the Eucharist, n. 10, that *"In many places, adoration of the Blessed Sacrament is also an important daily practice and becomes an inexhaustible source of holiness."* Where Eucharistic love grows, so grows the desire for holiness, of being the love of God in the midst of a world without love, of being light in the midst of the shadows, of being hope in the midst of desperation, of being generosity in the midst of selfishness, of being prayerful in the midst of a world without faith, of being unconditional servers in a world of pleasure and comfort. We have to raise up high Jesus in the Eucharist, we must, dear Family, respond to this call that we received 19 years ago in front of the Eucharistic miracle of Lanciano: *"Lift up my Eucharistic Heart very high. The world needs Me, to receive My presence and My love. You must raise Me up so that everyone may see that I am always with humanity, at every moment of its history, only My Eucharistic love will heal humanity, and so My Mother walks the world awakening love for the Eucharist. She*

walks the paths of the world as a living tabernacle, carrying my Eucharistic presence and calling all to adore me and allow themselves to be touched by my Presence and my Eucharistic love. The Eucharist is the force that scatters darkness and error, that keeps away the infernal forces, and brings order and peace to humanity and to every heart."

Then, He made me contemplate **the monstrance**, the Eucharistic miracle contained within it, and the **base** that sustains the monstrance. At that moment, by an interior light, I understood that Our Lord was asking that, to raise up His Eucharistic love, *the Monstrance had to be represented in the sisters, who, with our Marian charism, are to be like Our Mother, living monstrances who carry the Eucharistic Jesus within us and who, impelled by Her maternal love, go out in haste across the mountains to bring Him to many souls. "The Monstrance must be large and beautiful, high and full of virtues (he showed me pearls) to beautify and exalt the Eucharistic Heart."* This moved me immensely because from our foundational origin, the Eucharist was our center and our everything, even so that together with **Marian Consecration, the other ministry that we began when we received our first approval, were the Eucharistic Cenacles**. Already thousands and thousands of people go from all over the world, to the Immaculate and Maternal Heart of Mary through Consecration, and in Her, with Her, and through Her, to the Eucharistic Heart of Jesus by means of the Cenacles and the Eucharistic ministries in places we preach. The Two Hearts in these great expressions were not only pillars of our charism, but our first ministry as a religious Community. It is because of this that Marian Consecration as much as the Eucharistic Cenacles, lived with a charismatic spirit and in full communion with the heart of the Church, are two pillars, and at the same time, two ministries that we deeply love despite all the sacrifices that are made to go out and lift high the Eucharistic Heart with Marian hearts, like monstrances. **The base**, the Lord gave me to understand, **should be strong and solid, to sustain such a big monstrance, the base would be those from the different lay branches, with a serious commitment could really sustain and lift high the monstrance**. He spoke to me about the lay branch and of other branches, that **the strength of their commitment and dedication to this work would make them like those angels that sustain the Monstrance and the Eucharistic Heart like a base. How much the Lord expects of us! May each one respond according to His love!**

Yes, more than ever we must raise high the Eucharistic Heart, like Our Lady who is the living Monstrance of His Presence. Jesus is the light of the world, light which the darkness cannot overcome. Jesus is the most eloquent response to all the questions of the human heart, only before Him does life acquire its true value and does every



question find its fundamental answer. Jesus is the only one who can satisfy the hunger and thirst for love that the human soul has, before His love poured out in the Eucharist, who will not leave totally satisfied? Jesus is forgiveness and mercy incarnate, the only one who heals the wounds of the human heart, before Him, who will not feel His tenderness, His gaze, His embrace, and His word, not of condemnation, but of clear direction: go in peace and sin no more! Jesus in the Eucharist is our peace, our healing, our deliverance, our sure guide and the Word made flesh who continues to dwell among us to teach us to live according to the Kingdom of Heaven.

With Mary, woman of the Eucharist in her whole life, we must grow in love for the Eucharist. With Her, we must adore Him, repair Him, console Him, contemplate Him, listen to Him, and dispose ourselves to be a family that goes out, taking Christ everywhere.

In our Family, with Marian hearts, everything is centered on the Eucharist so that we may really discover that **the Eucharist is not only our life, but is also our mission**. As such, everything we do begins and ends in the Eucharist. We have to grow, as St. John Paul said, in *"Eucharistic amazement"*, recognizing that to have Him is an unmerited gift, that to have priests in the Family is an unmerited gift. How grateful we ought to be to have living monstrances in the sisters who are attentive to every detail, to whom no sacrifice matters in order that everything that is obtained or done in relation to the Altar and the Eucharist may be worthy of Him, so that in this way we may live worthily our Eucharistic charism. For the Eucharist and everything that has to do with the it, in this Family there will never be limits, nor mediocrities. Everything is given to Him, even if it means sacrifices and denials.

During this year, I exhort you with all my heart, to adore Jesus in the Eucharist, at least one hour a week. This is part of our commitments as members of this Family, but I remind you of it because it is easy to forget commitments we have made. At least once a week, if not more, we should go to a chapel, especially if we have

chapels in one of our centers, or where the Family has been entrusted with Adoration at a Church, but to go to any Church or chapel where Jesus is exposed in a spirit of:

Adoration → Reparation before so many offenses and indifference → Consolation before His loneliness and being forgotten → contemplation of the love revealed in the Eucharist → to listen to His interior voice and His Word → to be filled with Him to go out and give Him to others.

I ask you to be ardent Witnesses of the Eucharist, spreading love and reverence for Him, teaching the beauty of such an immense gift, bringing people to Holy Mass, and in a singular way, once more, **I invite you to be present at or to connect to the Eucharistic Cenacles.** This mission continues and will continue with increasing strength, because Our Mother needs it that way. Many benefit from and will benefit from this gift of the Cenacles. Do not take them lightly or grow accustomed to them. The gifts received in our charism should be received first and with gratitude and responsibility by its own members. **At every Eucharistic Cenacle, we see the surprising power of the Real Presence of Christ.** How many interior and bodily healings, how much light given to minds, how many errors transformed into truths, how much selfishness transformed into generosity...and so, so much more. But what surprises me most is that for 27 years, Jesus **gives us a different formative school.** Never has a word been repeated, He himself explains the Gospel to us and applies it to our lives effecting, enfleshing that Word right there that night in everyone present. **How much the Eucharistic culture is built in the Cenacles...** It is amazing how clearly what it means to be Marian and Eucharistic is seen, as the spirit of Marian Shrines is felt and perceived in our convents, centers, plazas, places of mission that belong to our Family... At the center of each one are the Eucharist and the mystical presence of Our Lady, who with her womb, guards that presence and maximizes it for us. **How the culture of solidarity is built every Friday, a culture that is the fruit of the Eucharistic culture, when we pray for the sick – those who are present as well as those who are in communion with us by means of social media; how we show that there are no limits to Eucharistic love, and that He who went about doing good, continues to do so today with the power of the Eucharist in those present and in those physically far away, but so close through a video camera that transmits that presence to them. For the Eucharist there are no limits...**

Also, we must be more ardent in our missions to provide for missionary ministrations, to make sure that poor places and places of mission have what is necessary to celebrate Holy Mass and have adoration. Those who are **extraordinary ministers of the Eucharist,** make sure that the sick in your homes receive the Bread of Life, the strength of the love of Christ. Be like Our Lady, bearers of the presence of Christ to a person in need.

What does the Lord have prepared for us this year? **I know that a stage of elevating more the Eucharistic Heart is beginning, and so He will also elevate in some way the Monstrance.** In a certain way, we see this in the spiritual and missionary growth of the Servants, the Ministrations, who must go like Our Mother, wherever She asks us, carrying the presence of Jesus as living ministrations to many hearts and to a world in need. Then we see the little seed the Lord has planted and that we will see all that it will become, with the beginning of Fr. Joe's novitiate for priestly religious life, and the beginning of postulancy of a young man who has been called to religious life. At the same time, missions are being expanded in the lay branches that are allowing us to not only create a culture of love by all the good that is being done as a fruit of our Eucharistic life, but places, chapels, are being opened where the Eucharist is at the center and is the summit of that place. We have projects in each one of which a space is opened, an altar, a tabernacle....we are even beginning with **so many young people from different areas who are coming to our missions, an evening each month of adoration, brief formation, and fraternity dedicated to them.** I know that this year we will give retreats that from different perspectives will bring us to understand better the plan that the Blessed Virgin has calling us to believe, adore, hope, and love Jesus in the Eucharist in the name of humanity. We will also go deeper into Eucharistic themes from the maternal gaze of Mary during our monthly formation.

Who can speak to us about the Eucharist better than Her? Who can speak to us about Eucharistic amazement better than She who learned to live the Eucharistic faith together with St. John in Ephesus? We will make memory of the Encyclical of our beloved St. John Paul II, ECCLESIA DE EUCHARISTIA, his last encyclical that he wrote during the Year of the Holy Rosary, uniting in this way as he always did, to the Blessed Virgin Mary and the Eucharist. St. John Paul, who died during the Year of the Eucharist, St. Francisco Marto in whose centenary we find ourselves



in, St. Maximilian Kolbe, St. Clare of Assisi, Carlo Acutis, and all the saints who in a particular way have showed us the power of the Eucharist to transform the world and civilization, accompany us this year in our own spiritual journey towards the Eucharistic Heart, taken by the hand and through the Heart of Mary; may they teach us *to have zeal for proclaiming the greatness of the love of Christ in the Eucharist and make us ardent missionaries of Eucharistic Love*. May this year be for us one in which we can say that, *like Mary, we are men and women of the Eucharist in our whole life*.

May we contemplate the mysteries of the Eucharist, may we ponder this gift of the Sacrament of Love, and may we do many works that raise up high the light of Christ in the Eucharist, supporting the Monstrance with our whole being and commitment, and so the base, the angels that sustain it, will help so that together we may fulfill the mission of proclaiming: **Long live the Eucharist! The Eucharist is our life! Long live the Mother of the Eucharist!**

Let us promote everything that brings many to adore Jesus and to know that He is alive in the Eucharist. Let us show our gratitude to the Eucharist in many ways, above all, **allowing ourselves to be transformed into living Eucharists that change culture into a civilization of love**.

Mother Adela, SCTM
To kindness